

longcovid.expert

Genetic orientation report · Long COVID / ME-CFS

Summary for your doctor

Take this page to your next appointment. It summarises the matter factually — as a conversation aid, not a diagnosis.

- Subject: genetic orientation report (longcovid.expert) for Long COVID / ME-CFS — medically supervised, not a diagnosis.
- Method: CeGaT low-pass WGS (Germany) + combinatorial PrecisionLife analysis (appliance in DE, pseudonymous).
- Result: percentile profile across six mechanisms (immune, energy/PEM, cognition, heart/vessels, inflammation, glucose).
- My most pronounced mechanisms: _____ (fill in from the report).
- Context: associated is not the same as caused — genetic patterns are context, not a diagnosis or treatment decision.
- PEM note: please no graded exercise (GET) without consultation; pacing and exertion management first.
- My questions: _____

Not a substitute for diagnosis. Data processing in Germany (GDPR Art. 9). For acute symptoms: emergency 112.

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